

ARMY PUBLIC SCHOOL WELLINGTON

HOLISTIC PERSONALITY DEVELOPMENT-JUNE

CLASS XII SCIENCE

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The Rattrap	Self-awareness and Managing Emotions
2	Physics	Ohm's law	Experiential learning and Decision making
3	Chemistry	Nernst law	Experiential learning and critical thinking
4	Mathematics	Application of Derivatives	Problem solving, Decision making and Critical thinking
5	Biology	pollen germination	experiential learning
6	Computer Science	Database Management System	Organised and Analytical Thinking
7	Physical Education	Stress and Anxiety Management	Resilience, Calmness, Emotional balance

CLASS XII COMMERCE

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The Rattrap	Self-awareness and Managing Emotions
2	Accountancy	Goodwill and reconstitution	Problem Solving and Analytical thinking
3	Business Studies	Business environment and Planning	Awarness and Time Management
4	Economics	New Economic Reforms	Critical Thinking & Analysis
5	Artificial Intelligence	Green Skills	Leadership Decision Making
6	Physical Education	Stress and Anxiety Management	Resilience, Calmness, Emotional balance

CLASS XII HUMANITIES

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The Rattrap	Self-awareness and Managing Emotions
2	Political Science	India's External Relations	Critical Thinking, Decision Making and Effective Communication Skills
3	History	Administration of mahajanpadas	Leadership and Decision making
4	Geography	Primary Activity	Critical Thinking, Decision Making
5	Psychology	variations in psychological attributes	self and emotional awareness, critical thinking and analytical skills, adaptability, resilience
6	Artificial Intelligence	Green Skills	Leadership Decision Making
7	Physical Education	Stress and Anxiety Management	Resilience, Calmness, Emotional balance
8	Economics	Privatization and Disinvestment	Critical thinking and Decision Making

CLASS XI SCIENCE

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The Portrait of a Lady	Empathy and Interpersonal Relationships
2	Physics	Units and measurements	Decision making and Problem solving
3	Chemistry	Hybridisation	Creativity and empathy
4	Mathematics	Relations and functions	Problem solving and Critical thinking
5	Biology	dissection of dicot stem	decision making
6	Computer Science	Computer System Organisation	Creativity and Innovation
7	Physical Education	Self-Awareness and Goal Setting	Self-discipline, Ambition, Responsibility

CLASS XI COMMERCE

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The Portrait of a Lady	Empathy and Interpersonal Relationships
2	Accountancy	Financial accounting and Theory base of accounting	Accuracy and Clarity in thinking
3	Business Studies	Evolution and Fundamentals of business , Forms of business organisation	social awareness, Entrepreneurial thinking and decision making
4	Economics	Primary data Collection Methods	Decision making and interpersonal relationship
5	Mathematics	Relations and functions	Problem solving and Critical thinking
6	Physical Education	Self-Awareness and Goal Setting	Self-discipline, Ambition, Responsibility

CLASS XI HUMANITIES

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The Portrait of a Lady	Empathy and Interpersonal Relationships
2	Political Science	Equality	Critical thinking,Empathy and Problem Solving
3	History	Mesopotamian trade	Critical thinking and Decision making
4	Geography	Big Bang Theory	Critical and CreativeThinking
5	Psychology	introduction to psychology	self awareness, critical thinking, decision making, empathy, social awareness
6	Physical Education	Self-Awareness and Goal Setting	Self-discipline, Ambition, Responsibility

CLASS X A

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	Two Stories About Flying	Problem Solving and Managing Emotions
2	Hindi		
3	Mathematics	Quadratic Equations	Decision Making
		Arithmetic Progressions	Logical thinking

4	Science	Light - Reflection	Creative thinking and collaboration
5	Social Science	Federalism	Problem Solving,Empathy and Effective Communication Skills
6	Artificial Intelligence	Green Skills	Environmental Responsibility
7	Physical Activity Trainer	Physical Development	Morning yoga & stretching sessions
8	Multimedia	Green Skills	Communication Skills
9	Food Production	Employability Skills	Communication Skills
10	Games	We are growing	Self awaewness

CLASS X B

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	Two Stories About Flying	Problem Solving and Managing Emotions
2	Hindi		
3	Mathematics	Quadratic Equations	Decision Making
		Arithmetic Progressions	Consistency
4	Science	Light - Reflection	Creative thinking and collaboration
5	Social Science	Federalism	Problem Solving,Empathy and Effective Communication Skills
6	Artificial Intelligence	Green Skills	Environmental Responsibility
7	Physical Activity Trainer	Physical Development	Morning yoga & stretching sessions
8	Multimedia	Green Skills	Communication Skills
9	Food Production	Employability Skills	Communication Skills
10	Games	We are growing	Self awaewness

CLASS IX A

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The Road Not Taken	Decision Making and Problem Solving.
2	Hindi		
3	Mathematics	Number Systems	Logical Thinking
		Polynomials	Accuracy
4	Science	cheek cell dissection	critical thinking
5	Social Science	French revolution	Critical thinking skill
6	Artificial Intelligence	Communication Skills	Communication
7	Physical Activity Trainer	Communication Skills	Communication
8	Multimedia	ICT	Critical thinking
9	Food Production	Employability Skills	Communication Skills
10	Games	We are growing	Self awareness

CLASS IX B			
S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The fun they had	Critical Thinking and Interpersonal relationships
2	Hindi		
3	Mathematics	Number Systems	Logical Thinking
		Polynomials	Accuracy
4	Science	Tyndal effect	Critical thinking
5	Social Science	French republic	Problem solving and Communication skills
6	Artificial Intelligence	Communication Skills	Communication
7	Physical Activity Trainer	Communication Skills	Communication
8	Multimedia	ICT	Critical thinking
9	Food Production	Employability Skills	Communication Skills
10	Games	We are growing	Self awaewness
CLASS VIII A			
S.NO	SUBJECT	TOPIC	HPD VALUES
	English	The best Christmas present	Empathy and Managing emotions.
	Hindi		
	Mathematics	Linear equations	Problem solving and decision making
	Science	Force and Pressure	Experiential learning and collaboration
	Social Science	Resources	Environmental responsibility
	Computer	Networking Concepts	Decision Making
	Sanskrit	चित्रवर्णनम्	सृजनात्मकता, पर्यवेक्षणशक्तिः
	Games	We are growing	Self awaewness
CLASS VIII B			
S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The Ant and The Cricket	Decision Making
2	Hindi	लाख की चूड़ियाँ	अंतरव्यक्तिक संबंध, सहानुभूति
3	Mathematics	Linear equations	Problem solving
5	Social Science	Secularism	Empathy, Problem Solving and Critical Thinking
6	Sanskrit	चित्रवर्णनम्	सृजनात्मकता, पर्यवेक्षणशक्तिः
7	Games	We are growing	Self awaewness
8	Computer	Networking Concepts	Decision Making

9	Science	Micro-organisms	Critical thinking,Self awareness
CLASS VII			
S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	The Day the River Spoke	Self-awareness , Empathy
2	Hindi	तीन बुद्धिमान	आत्म-जागरूकता, आलोचनात्मक चिंतन
3	Mathematics	Large numbers around us	Logical thinking, Decision making
4	Science	Metals and Non metals	Critical thinking and Experimental learning
5	Social Science	Physiography Divisions of India	Creative Thinking and Interpersonal Communication
6	Sanskrit	नित्यं पिबामः सुभाषितरसम्	सत्यं,क्षमा, मैत्री, श्लोकस्य विश्लेषणम्
7	Games	We are growing	Self awaewness
8	Computer	Number System	Problem Solving
CLASS VI A			
S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	A Bottle of Dew and The Raven and the Fox	Critical thinking, Problem solving
2	Hindi	मातृभूमि (कविता)	आत्म- जागरूकता और सहानुभूति
3	Mathematics	Patterns in mathematics	Critical thinking, Decision making
4	Sanskrit	एषः कः एषा का एतत् किम्	जिज्ञासा, शंकां प्रकटयितं साहसम्
5	Social science	Locating places on the Earth,	Decision making
6	Games	We are growing	Self awaewness
7	Computer	Introduction to MS PowerPoint	Creative thinking
8	Science	Exploring Magnets	Creative thinking and learning
CLASS VI B			
S.NO	SUBJECT	TOPIC	HPD VALUES
1	Hindi	मातृभूमि (कविता)	आत्म- जागरूकता और सहानुभूति
2	English	A Bottle of Dew and The Raven and the Fox	Critical thinking, Problem solving
3	Mathematics	Patterns in mathematics	Critical thinking, Decision making
4	Sanskrit	एषः कः एषा का एतत् किम्	जिज्ञासा, शंकां प्रकटयितं साहसम्
5	Social science	Locating places on the Earth	Decision making
6	Games	We are growing	Self awaewness
7	Computer	Introduction to MS PowerPoint	Creative thinking
8	Science	Exploring Magnets	Creative thinking and learning
CLASS V A			
S.NO	SUBJECT	TOPIC	HPD VALUES
1	Hindi	राख की रस्सी	तनाव प्रबंधन, समस्या समाधान और आलोचनात्मक सोच
2	English	The Ice-cream man, Noun, Gender, Number	Effective Communication Skill

3	Mathematics	The Fish Tale	Critical thinking
4	EVS	Super Senses	Conceptual depth, strong observational and experiential scope
5	Games	Running	Coping with Stress
6	Computer	Evolution of Computers	Effective Communication Skill
7	General Knowledge	Discover India	Interpersonal relationship
8	Moral Science	The power of positive thinking	Coping with stress and managing emotions

CLASS V B

S.NO	SUBJECT	TOPIC	HPD VALUES
1	Hindi	राख की रस्सी	तनाव प्रबंधन, समस्या समाधान और आलोचनात्मक सोच
2	English	The Ice Cream Man, Noun Kind, Number, Gender	Effective Communication Skill
3	Maths	The Fish Tale	Critical Thinking
4	EVS	Super Senses	Conceptual depth, strong observational and experiential scope
5	Games	Running	Coping with Stress
6	Computer	Evolution of Computers	Effective Communication Skill
7	General Knowledge	Discover India	Interpersonal relationship
8	Moral Science	The power of positive thinking	Coping with stress and managing emotions

CLASS IV A

S.NO	SUBJECT	TOPIC	HPD VALUES
1	Hindi	chidiya ka गीत	भाषा कौशल तथा आलोचनात्मक सोच
2	English	Together we can	Self awareness building skill
3	Maths	Nets of 3d shapes	Logical thinking, problem solving
4	EVS	Community, Growing Up with Nature	Creative Thinking, Interpersonal Relationship
5	Games	Running	Coping with Stress
6	Computer	Inside a Computer	Critical thinking

CLASS IV B

S.NO	SUBJECT	TOPIC	HPD VALUES
1	Hindi	चिड़िया का गीत	भाषा कौशल तथा आलोचनात्मक सोच
2	English	Together we can	self awareness building skill
3	Maths	Nets of 3d shapes	Logical thinking, problem solving
4	EVS	Community, Growing Up with Nature	Creative Thinking, Interpersonal Relationship
5	Games	Running	Coping with Stress
6	Computer	Inside a Computer	Critical thinking

CLASS III A

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	Colour drips	intellectual growth and creativity, coping with stress
2	Hindi	सीखो	रचनात्मक विकास और समस्या समाधान
3	Mathematics	What's in my name	Decision making
4	Mathematics	Toy Joy	Creative thinking
5	EVS	Family and friends	Decision making, Communicative skills
6	Games	Running	Coping with Stress
7	Computer	Input/Output/Storage Device	Decision Making

CLASS III B

S.NO	SUBJECT	TOPIC	HPD VALUES
1	Hindi	सीखो	रचनात्मक विकास और समस्या समाधान
2	Mathematics	What's in my name	Decision making and Creativity
3	Mathematics	Toy Joy	Creativity
4	EVS	Family and Friends	Decision making and communicative skills
		Colour drips	
5	Games	Running	Coping with Stress
	English	Badal and Moti	Decision making and communicative skills
6	Computer	Input/Output/Storage Device	Decision Making

CLASS II A

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	Fun with friends	Basic literacy skills, and socio-emotional development
2	हिंदी	घर	सहभावना और प्रभावी संवाद
3	Computer	Know more keys	Conceptual depth and effective communication
4	Games	Running and Jumping	Decision making
	Maths	Fun with numbers	problem solving
5	EVs	Parts of body	Self-awareness

CLASS II B

S.NO	SUBJECT	TOPIC	HPD VALUES
1	EVS	Parts of body	Self-awareness
2	English	Fun with friends	Basic literacy skills, and socio-emotional development
3	हिंदी	घर	सहभावना और प्रभावी संवाद
4	Computer	Know more keys	Conceptual depth and effective communication
5	Games	Running and Jumping	Decision making
6	Maths	Fun with numbers	problem solving

CLASS I A

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	Noun hunt	Self awareness and effective communication
2	Mathematics	Pre number concept - Position exercise	Decision making
3	हिंदी	रानी भी	सहभावना
4	Computer	Meet Mr. Computer	Self awareness
5	Games	Running and Jumping	Decision making
6	EVS	My Body	self awareness

BALVATIKA III A

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	Orals Rhymes/ Writing Aa to Zz	Communication skills , Cognitive,Fine and gross motor skills.
2	Maths	shapes/ writing numbers 1 to 50	Critical thinking, Problem solving
3	Hindi	swar Akshar	Experiential learning,vacobulary development
4	GK	Parts of the body/ Myself	communication development, creative thinking

BALVATIKA III B

S.NO	SUBJECT	TOPIC	HPD VALUE
1	English	Orals Rhymes/ Writing Aa to Zz	Communication skills , Cognitive,Fine and gross motor skills.
2	Maths	shapes/ Write 1 to 50	Critical thinking, Problem solving
3	Hindi	Swar Akshar	Experiential learning,vacobulary development
4	GK	Parts of the body/Myself	communication development, creative thinking

BALVATIKA II A

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	Phonics & Vocabulary	Language Building & Communication
2	Hindi	Rhymes and swar recognition	Language & Culture Awareness
3	Mathematics	Pre-Math Concepts	Numeracy & Logic Skills

BALVATIKA II B

S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	Phonics , Alphabet & Rhymes	Language Building, Cognitive & Communication
2	Hindi	Kavita & Swar	Language & Cultural awareness Cognitive, Communication, Crucial
3	Mathematics	Number Recognition , Pre-Maths concept	Numeracy & Logical
4	GK	Animals, Our Surroundings	Creative, Experiential

BALVATIKA I A			
S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	ABC song	Language and communication
2	Hindi	Swar geet	Language and communication
3	Mathematics	Pre math concepts	Numeracy and cognitive
4	Knowledge garden	Greetings and Good manners	Vocabulary building and cultural awareness
BALVATIKA I B			
S.NO	SUBJECT	TOPIC	HPD VALUES
1	English	ABC song	Language and communication
2	Hindi	Swar geet अ-अः	Language and communication
3	Mathematics	Pre math concepts	Numeracy and cognitive
4	Knowledge Garden	Greetings and Good manners	Vocabulary building and cultural awareness