

ARMY PUBLIC SCHOOL – WELLINGTON

SPLIT UP PLAN FOR SPECIAL EDUCATION (2025–2026)

CLASSES: KG to V

Focus Areas: Self-Awareness, Basic Social Skills, Motor Skills, Safety, Routine, and Expression

MONTH	WEEK 1	WEEK 2	WEEK 3	WEEK 4	HPD	ACTIVITY
JUNE	My Name & Face	My Family	My Likes	My School	Self-Awareness	“All About Me” Booklet / Name Song
JULY	Identifying Feelings	Happy/Sad Faces	Managing Anger	Smile & Share	Emotions	Feelings Chart / Puppet Play
AUGUST	Saying Hello & Goodbye	Sharing with Friends	Taking Turns	Asking for Help	Social Skills	Circle Time / Story – “How to Be a Friend”
SEPTEMBER	Following Rules	Using Classroom Materials	Line Discipline	Table Manners	Routine & Behavior	Traffic Light Rules / Visual Cues
OCTOBER	Safety at Home	Road Safety	Safe/Unsafe Touch	Stranger Danger	Personal Safety	Video / Flashcards / Role Play

NOVEMBER	Body Parts	Clean Hands	Brushing Teeth	Dressing Up	Hygiene & Body Awareness	Real Object Demo / Hygiene Song
DECEMBER	Color Identification	Sorting Shapes	Matching and Pairing	Puzzles & Blocks	Cognitive Skills	Color Hunt / Sensory Play
JANUARY	Eye-Hand Coordination	Balance Activities	Gross Motor Games	Fine Motor Activities	Motor Skills	Ball Throw / Clay Moulding / Peg Boards
FEBRUARY	Recognizing Community Helpers	Jobs They Do	Tools They Use	Role Play	Community Awareness	Dress-up Day / "Who Am I" Game
MARCH	Plants and Animals	Taking Care of Nature	Water and Cleanliness	Recap Month	Environmental Awareness	Nature Walk / Seed Planting